



May 30, 2024

This past Sunday, my husband and I had the experience of a lifetime.

We got to see The Rolling Stones in concert.

Now, I have an admission: before Sunday's show, neither of us considered ourselves huge fans.

While of course we know their big hits, we are by no means Rolling Stones aficionados.

In fact, my husband did some sleuthing and found a playlist from their Vegas show online that we recreated so we could fully prepare for the big event.

We ended up having one of the best nights of our lives, and here are some of my key takeaways from watching this iconic band perform in front of 55,000 fans:

🎵 This band, which formed in 1962, is currently in its 7th straight decade of making music together (you read that correctly!).

🎵 The crowd, from our estimation, was also made up of fans who come from at least 7 different decades, if not more.

🎵 Founding members Mick Jagger and Keith Richards are both 80 years old; the baby of the group, Ronnie Wood, 76 (turns 77 on June 1st!), has been with the band for nearly 50 years; together, the three of them rocked and rolled for well over 2 continuous hours.

(In fact, at one point during "Honky Tonk Women," which came near the end of the show, Mick made what looked like a 50-yard dash on the stage's catwalk and didn't seem to lose a breath.)

🎵 Regarding that playlist I mentioned above: not only was it adapted for their first show here in Jersey 3 nights prior, it had even more changes for the concert we saw,

meaning they are rehearsing and perfecting different performances for likely every stop on the tour.

🎵 These guys LOVE what they do.

It really got me thinking about how when we do what we love, it can make us feel invigorated, excited, and most of all, happy.

And the best part?

There's no expiration date on when and how we find it!

☀️ Maybe we're like the Stones, finding our passion at an early age, sticking with it innovatively for decades upon decades.

☀️ Maybe we figure it out later in life, kind of like I did when I changed my career in my mid-40s (and have never been happier!).

☀️ Maybe it's an evolution, because as we get older, our needs, our interests, even our values change, and we can be multi-passionates exploring what makes us feel fulfilled.

No matter the case, I hope wherever you find your inspiration, it leads you exactly where you are meant to be.

As the Stones sang in Ruby Tuesday:

"Catch your dreams before they slip away."

What dream(s) do you have that you are ready to take a step towards? Hit REPLY and let me know!

Cheers, Tracy

PS Bret and I are now officially the biggest Rolling Stones fans you'll ever meet. 😊



MetLife Stadium, May 26, 2024

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